


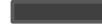
<7月>

プール個人利用コース案内

2022/6/16

| 時間 | コース | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|---------------|-----|------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 |
| 9:00 ~ 10:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 10:00 ~ 11:00 | 4 | | | | | ア | | ア | | | | ア | | ア | | | | | | ア | | ア | | | | ア | | ア | | | | |
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| 11:00 ~ 12:00 | 4 | 清掃時間 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 12:00 ~ 13:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 13:00 ~ 14:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 14:00 ~ 15:00 | 4 | 清掃時間 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 15:00 ~ 16:00 | 4 | | ア | | | | | | | | | | ア | | | | | | | | ア | | | | | | | ア | | | | |
| | 5 | 短 | ク | 短 | | | | | | | 短 | ク | 短 | | | | | | 短 | ク | 短 | | | | | 短 | ク | 短 | | | | |
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| 16:00 ~ 17:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 5 | 短 | 短 | 短 | | | | | | | | 短 | 短 | 短 | | | | | | | 短 | 短 | 短 | | | | 短 | 短 | 短 | | | |
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| 17:00 ~ 18:00 | 4 | 清掃時間 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 18:00 ~ 19:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 19:00 ~ 20:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 20:00 ~ 21:00 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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休館日

※  団体利用  講座利用 ※利用可能コースは変更になることがあります
 ※ワンポイントレッスンは当面の間行いません
 ※個人利用についてはHPまたは館内の掲示物をご確認の上、ご利用ください
 ※団体・講座については個人利用コース案内には掲載されていない時間もございます